

| Tag | Halle Links | | Halle Mitte | | Halle Rechts | | Mehrzweckraum | | |
|---|--|-------------------------------------|------------------------|---------------------------|---------------|-------------------------|--------------------------------|--|--|
| Montag | 16:30 - 18:00 | TVO Badminton (Kinder) | 16:30 - 18:00 | TVO Badminton (Kinder) | 16:00 - 17:00 | SV Kleinochsenfurt (U7) | | | |
| | | | | | 17:00 - 18:00 | SV Kleinochsenfurt (U9) | 17:00 - 18:30 | TVO Judo | |
| | 18:00 - 20:00 | TVO Volleyball (Gr. 1) | 18:30 - 20:00 | TVO Handball (CDm) | 18:30 - 20:00 | TVO Handball (CDm) | | | |
| | 20:00 - 21:00 | TVO Koronar-Gruppe | 20:00 - 22:00 | TVO Handball (Herren) | 20:00 - 22:00 | TVO Handball (Herren) | | | |
| | | | (nur wenn Di. belegt!) | | | | | | |
| ab 21:00 Uhr Aufsicht Volleyball | | | | | | | | | |
| Dienstag | Trainingsausfall Halle - 08.11. / 29.11. / 06.12. und 20.12.22 | | | | | | | | |
| | 17:00 - 18:00 | TVO Basketball | 17:00 - 18:30 | TVO Basketball | 17:00 - 18:30 | TVO Basketball | 17:00 - 17:45 | Rheumaliga | |
| | 18:00 - 20:00 | TVO Badminton (Jugend) | | | 18:30 - 20:00 | TVO Judo | 18:30 - 19:30 | TVO Fitness MAX | |
| | 20:00 - 22:00 | TVO Badminton (Erw.) | 20:00 - 22:00 | TVO Handball (Herren) | 20:00 - 22:00 | TVO Handball (Herren) | | | |
| | ab 20:30 Uhr Aufsicht Handball | | | | | | | | |
| Mittwoch | 16:00 - 17:30 | TVO Handball (E) | 16:00 - 17:30 | TVO Handball (E) | 16:00 - 17:30 | TVO Mädchenturnen | | | |
| | 17:30 - 19:00 | TVO Handball (CDw) | 17:30 - 19:00 | TVO Handball (CDw) | 17:30 - 19:00 | TVO Mädchenturnen | 17:00 - 18:30 | TVO Judo | |
| | 19:00 - 21:00 | TVO Badminton (Erwachsene Hobby) | 19:00 - 20:00 | TVO Skigymnastik | 19:00 - 20:00 | TVO Skigymnastik | 19:00 - 20:00 | TVO Tanz | |
| | | | 20:00 - 21:00 | TVO Badminton | 20:00 - 22:00 | TVO Basketball | 20:00 - 21:15 | VHS Chi-Gong (05.10.-15.12.2022) | |
| | ab 21:30 Uhr Aufsicht Basketball | | | | | | | | |
| Donnerstag | Trainingsausfall Halle - keiner | | | | | | | | |
| | 17:00 - 18:00 | TVO Basketball | 17:00 - 18:30 | TVO Basketball | 17:00 - 18:30 | TVO Basketball | 17:00 - 18:30 | TVO Judo | |
| | 18:00 - 20:00 | TVO Badminton (Jugend) | | | | | 19:00 - 20:00 | TVO Funktionsgymn. | |
| | 20:00 - 22:00 | TVO Badminton (Erw.) | | | 20:00 - 22:00 | FW Feuerwehr OCH | 20:15 - 21:45 | TVO Gesellschaftstanz (29.09.-24.11.22) | |
| | 14-tägig | | | | | | | | |
| Freitag | 15:00 - 16:30 | TVO Handball (Mini) | 15:00 - 16:30 | TVO Handball (Mini) | 15:00 - 16:30 | TVO Handball (Mini) | Halle gesamt | | |
| | 16:30 - 18:30 | TVO Badminton (Kinder) | 16:30 - 18:30 | TVO Badminton (Kinder) | | | 02.12. und ab 19 Uhr am 11.11. | | |
| | | | | | 17:00 - 19:00 | TVO Leistungsturnen | | | |
| | 18:30 - 20:00 | TVO Handball (CDm) | 18:30 - 20:00 | TVO Handball (CDm) | 19:00 - 20:00 | TVO Handball (CDm) | 18:00 - 20:00 | TVO Judo | |
| | 20:00 - 22:00 | TVO Handball (Herren) | 20:00 - 22:00 | TVO Handball (Herren) | 20:00 - 22:00 | TVO Handball (Herren) | | | |
| ab 20:30 Uhr Aufsicht Handball | | | | | | | | | |